

Dr. Keppe's works come from more than 50 years of studying psychoanalysis, the first part studying with Dr. Victor E. Frankle (Logotherapy) and several Viennese schools. Afterwards, he put it into practice and verified his hypotheses in psychoanalysis field at Hospital das Clinicas in the medical school of University of São Paulo and in his own clinic with private clients. At this time, he created Integral Psychoanalysis, the purpose of our study.

As he was aware since the beginning, when he was studying with Prof Frankle, there was insufficiency in the fundamental hypotheses of psychoanalysis. He totally agreed with Freud's methodology of Psychoanalysis, but not with Freud's hypotheses, which were catastrophic to the human population and society.

All of the psychotherapies are biological and organic treatments. They emphasize that social and biological aspects of the psyche is a waste of time, because these lines, as well as Rogerian, Transactional Psychodrama, and Behaviorism, never consider that psychic life is within ourselves. In their understanding, they are always victimized by something external to themselves, which constitutes the most dangerous belief, Therefore, with this treatment, the clients only change the neurosis for a new one and wind up with another illness.

It is very important to understand the differences between unconscious and inconscientisation. For Dr. Keppe there is no existence of an unconscious as the basic agent of neurosis, as Freud believed. People and their Psychotherapists use that to justify their mistakes. Upon this methodology of psychotherapy, the clients lost many years to deal with something unknown, mainly because it does not exist (per se). Dr. Keppe says that we are victims of our wish to inconscientizar what we do not want to see, in other words, we damage ourselves concealing what we are aware of.

Freud used his idea of libido to explain illness, and for Dr. Keppe it did not make sense. How the libido could be responsible for our equilibrium or imbalance? How the therapists could treat their patients through relationships? For Dr. Keppe, client's life (libido) is totally useless to treat the neurosis, when the client has a sexual problem it shows what this reveals in his psychological life, that is, difficulties with the inner self.

In Integral Psychoanalysis the problem is that, the human being replaces truth with fantasy. This happens when we do not consider what exists, but what our imagination creates; it is a synonym of alienation. The human goodness is mainly inside us, because we are God's resemblance, when we deny the truth, beauty, goodness, we become ill, sick.

Freud to keppe - Part One
Aline Girardi