

Robert P. Butler

Summary: Teleclasses 1 and 2 and Pages 1 thru 9 of Freud to Keppe

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Dr. Norberto Keppe founded The Society of Integral Psychoanalysis, (1970) in São Paulo, Brazil ten years after studying and working in Vienna for three years, (1958-1960) with Viktor Frankl whose Logotherapy was considered the Third Viennese School of Psychotherapy behind the works of Sigmund Freud and Alfred Adler.

Frankl and Keppe recognized the contribution of Freud's methodology. Freud's work influenced Universities to focus on the Science of the Psyche. Frankl realized Freud's work lacked efficacy and scientific proof in the therapeutic field based on his results with patients. Frankl's hypotheses were the beginning to disinvert Freud.

Keppe confirmed that ninety percent of Frankl's ideas were valid in clinical practice in Vienna by his observations. At the University of São Paulo's Hospital das Clinicas and his private clinic Keppe continued the disinversion process pertaining to the foundation of Freud's hypothesis of psychoanalysis. Over time with research and empiric therapy, working with patients, Keppe developed hypotheses that clearly resulted in empiric evidence. Keppe demonstrated improved efficacy and therapeutic results in traditional psychoanalytical patients (psychological) including medical patients suffering from a variety of abnormalities, totally disinverting the theories of Freudian psychoanalysis.

Keppe's research led him to the fields of philosophy and religion looking for answers involving the human being. By unifying this research into practice he could effectively treat the psychological issues as well as those pertaining to the physical or physiological.

Keppe, by experimentation and research hypothesized that numerous psychological and physical problems were a result of the human beings conflict with truth, beauty and goodness. When the patient conscientized this battle with their true essence, they improved. Freud focused on the secondary aspects of the human being.

Keppe was adamant that the majority of psychotherapies were not psychological and even some orientations were socio-therapeutic, they were pathological "psychotherapies" with emphasis on etiologies that were unknown or secondary to psychic life and they contributed to illness, excuses and justification of human error. These schools placed happiness for humans on inferior things like economic, social power, sex, and money. It was the attitudes that these therapies promoted to blame the social environment for problems that Keppe disinverted.

Happiness, Keppe observed in practice was when the human being was in contact with life, the inner self, he was happy. Happiness comes from inside the human when they connect with the goodness of the Creator, the eternity within self by not escaping and humbling ourselves. The inner self, the psychological life is where it begins. When we escape, we get sick. When we sabotage the truth by denial. The human being has a foundation of Goodness, Truth and Beauty, when we mask these good feelings that is when we get sick. "We know what to do, we just have to do it."