

Dr. Norberto Keppe have studied in Vienna with Viktor Frankl. The method he study was logoterapi. Freud had the method of psychotherapy. Keppe was influenced by Frankl's ideas. had experience when he had clients that he needs to develop the method.

His hypothesis are drawn from the field of philosophy and Religion. Freud who had the foundation of psychoanalysis method where a materialist. He speaks there was unconscious inside us. He saw disease as coming from aggressive instincts and sexual frustration. We have feelings we don't know. Libido, primary Instincts. Keppe developed his knowledge. He found that we are against truth, Beauty and goodness. He speaks about the unconscious . People are suffering because they Destroy the good things they have. They don't want to see the bad emotions and thoughts they have. The traditional psychology in twenty century thought that the man have biological or social causes of the illness. Keppe said that we are not victims of disease, we can be healthy if we treat and see our unconscious thoughts.