

Dr. Keppe has studied not one but several doctors around the world and took the best part of their work. And what makes his work so complete is that he is not only study the mind but he is bringing it all together.

Professionals who works with people only focus on one thing, such as doctors only focus in diagnose sickness, the priest only focus in the soul and scientist only see materia.

We do anything to hide behind diagnoses.

Dr. Keppe is the only one bringing it all together.

We get sick when we go against truth, beauty and goodness.

And it's strange because still today they all make people think that they are victims of their attitudes and sickness. Blaming the parents, or sexual unconscious, or demons.

Freud talked about the unconscious but in a way that it is something we don't have any power over. It's so hopeless.

Dr. Keppe makes us see our unconscious in the way of our attitudes and consequences in our life so we can be aware of it and able to transcend.

We cannot be victims of what we do not know, but we can damage ourselves with the attitudes of wanting to conceal what we are already aware of.

If you don't feel responsible for your actions you will never do anything to change.

In Sweden we always make ourselves as victims and that's what makes people depressed.

And if someone tells you the truth people cry or get very angry. We have a shell of beauty in our appearance or in the apartments and you see all over internet nice pictures of smiling faces in the most beautiful places around the world all to show for others how good people we are, but underneath we live on borrowed money. This is the country of censorship.

Like Dr. Keppe says we give value to things that are inferior to us such as money, economic, sex and social status.

True happiness is only found being in harmony with our own goodness and it's there waiting for us to humble.

/Emelie Paulsson