

Composition of the book "From Freud to Keppe" page 1 -9.
Germa Miltenburg.

1. Sigmund Freud's and Alfred Adler's psychotherapy

2. Prof Viktor E. Frankl's logotherapy

3. Dr Norberto Keppe's Integral psychoanalysis

Freudianism developed a correct analysis but only in his secondary aspect.

Frankl and Keppe succeeded to reach man's essence.

Dr Keppe perceived that physiological problems and physical diseases are due to a battle against truth, beauty and goodness.

During Dr Keppe's years in Vienna he succeeded to verify Prof Frankl's ideas in practice.

The nowadays psychotherapy is more like a biological, organic treatment. They attribute the cause of human anguish to physical or social factors. They see psychic life always victimized by something external.

This foundational idea is wrong, pathological and often turns out in another illness.

Freud's idea about the existence of an unconscious being a basic agent of neurosis, was a big mistake. Treatment of that is useless because there is nothing to treat. (unconscious)

The hypothesis of the existence of an unconscious prevents us from being sane.

Should that be the same as when we blame our disorders to evil spirits?? That means there are no evil spirits, only in our minds, the ones we create?

Yes, Jung was right in rejecting the proposition of the Oedipus complex because blaming on that takes away our own responsibility.

We are not victims of an unconscious, but of our wish to unconscientise what we do not want to see.

Social psychotherapy attributes the cause of problems to relationship with others. This leads to further concealment of consciousness from the individual. Social psychotherapy tries to lead the individual to happiness through means that are inferior to him (sex, money etc)

A human being can only be happy if he is in contact with the life that comes from his inner self as it is in the universe. When we are in harmony with our own goodness. Our goodness is into our inner self.

Freud was a great scientist but his ideas of the libido to explain illness was a disaster.

Because of his accepted methodology, the scientific world even accepted his wrong theories.

Integral psychoanalysis helps the clients with sexual problems by showing what this reveals in his/her psychological life.

To treat a symptom directly results in the opposite, either more worse or total acceptance of their condition.

Conventional psychotherapeutic methods aim to take care of something that exists in a person's inner self, which is dangerous. That can lead the person into greater alienation.

Analytical Trilogues are pioneers in seeing the psychic life as the real world to be investigated.

Platonism you can call: replacing truth with fantasy.

We give much importance to evil and do not consider what exists.

Christianity mainly saw human being as an immortal soul linked with God and a body linked with sin. One good and one evil. The body should be punished. This was very accepted. Freud attributed the etiology of every illness to the body (sex), which gained credence. The result.. a general blinding.

This mistake can be explained as being caused by sabotage against the truth and deny that everything belongs to the Creator.

Soul and body can be eternal only when both are unified.